



# April 2024

Mon	Tue	Wed	Thu	Fri
1 Yoga 9:30 am With Veronica	2	3 Qigong/Tai Chi 9:30 am  <b>Games 1 pm</b>	4	5 Foot Clinic 10 am to 12 pm  <b>Whippersnapper 1 pm</b>
8 Yoga 9:30 am With Veronica  <b>Safeway App. 1 pm</b>	9 Social Security Tele- conference at Job Ser- vice 9 am to 11:45 am  <b>Chinese Brush Intro- duction 1pm</b>	10 Qigong/Tai Chi 9:30 am  <b>Trivia 12:30 pm</b>  <b>Games 1 pm</b>	11	12 Foot Clinic 10 am to 12 pm  <b>Whippersnapper 1 pm</b>
15 Yoga 9:30 am With Tracy  Movie and Popcorn 1 pm  'Summer Vacation'	16 Nat'l Healthcare Decision Day event 10 am -4 pm Presentation at 12:30 pm	17 Qigong/Tai Chi 9:30 am   <b>Games 1 pm</b>	18 Food Bank Distri- bution 1:30 pm  <b>Caregiver Support group 1 pm</b>	19 Foot Clinic 10 am to 12 pm  <b>Whippersnapper 1 pm</b>
22 Yoga 9:30 am With Tracy	23 Social Security Tel- econference at Job Service 9 am to 11:45 am <b>Book Club 1pm</b>	24 Qigong/Tai Chi 9:30 am  <b>Games 1 pm</b>	25 Birthday Lunch   <b>Bingo 1 pm</b>	26 Foot Clinic 10 am to 12 pm  <b>Whippersnapper 1 pm</b>
29 Yoga 9:30 am With Tracy	30			

## April 2024

**Social Security  
Teleconference**  
See page 5

**BINGO**  
Every Sunday 6 pm at Senior  
Center (\$) Hosted by VFW  
Bingo April 25 Thursday  
See page 5

**Safeway App.**  
See Page 4

**Chinese Brush Painting**  
See Page 4

**Yoga**  
9:30 am

**Trivia**  
See page 5

**National Healthcare**  
10 am- 4 pm  
Presentation 12:30 pm  
See page 5

**Caregiver Support**  
See Page 4

**Book Club**  
1pm  
See page 4

**Birthday Lunch**  
Thursday April 25  
See page 4

**Foot Clinic**  
Call for an appointment!

**Kodiak Senior Center**  
486-6181  
info@scoki.org