



March 2024

Mon	Tue	Wed	Thu	Fri
	Daylight Saving Time Begins Sunday March 10th Remember to set your clock Forward!			1. Foot Clinic 10 am -12 pm
4. Chair Yoga 9:30am Movie 1pm The Boy who Har- nessed the Wind	5.	6. Qigong/Tai Chi 9:30 am Games 1pm	7.	8. Foot Clinic 10 am -12 pm Whippersnapper 12:30 pm
11. Chair Yoga 9:30 am	12. Social Security Teleconference at Job Service 9am to 11:45 am Beaded Craft 1 pm	13. Qigong/Tai Chi 9:30 am Games 1pm	14.	15. Foot Clinic 10 am -12 pm Whippersnappers 12:30 pm Special Music “Irish Jigs”
18.	19.	20. Qigong/Tai Chi 9:30 am Games 1 pm	21. Food Bank Distri- bution 1:30 pm Caregiver Support Group 1 pm	22. Foot Clinic 10 am -12 pm Whippersnapper 12:30 pm
25. Island Cove & Senior Center Closed for Seward’s Day	26. Social Security Teleconference at Job Service 9am to 11:45 am	27. Qigong/Tai Chi 9:30 am Game 1pm	28. Birthday Lunch  Bingo 1pm	29. Foot Clinic 10 am—12pm Easter Craft 1pm Whippersnapper 12:30 pm

**We will be closed on
Monday March 25
for Seward’s Day**

Events

Birthday Lunch

Celebrate all of
March Birthday
See page 4

BINGO

Every Sunday 6 pm at
Senior Center (\$) Hosted
by VFW
Bingo March 28th at 1pm
See page 5

Foot Clinic

Call for an appointment!

Beaded Craft

All are welcome
No sign up required
See page 4

Easter Craft

All are welcome
No sign up required
See page 4

Kodiak Senior Center
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