

Additional Resources for Caregivers

In addition to Island Cove, Senior Citizens of Kodiak, Inc. provides many other resources to support caregivers of older adults:

Family Caregiver Support Program

For anyone caring for an adult over the age of 60, we offer services such as caregiver training, caregiver counseling, caregiver support groups and Lifeline for loved ones. Through FCSP, caregivers can also receive respite services so they may take a break from their caregiving duties.

Respite service: Respite is when a caregiver comes into your home and takes over your caregiving duties, so you can have a break. By donation only, this service provides up to 30 hours per month.

Get More Information

www.kodiakseniorcenter.org/island-cove-adult-day-program

Facebook: @Senior Citizens of Kodiak

Phone: (907) 486-2203 or (907) 486-6181

Email: islandcove@scoki.org



Get Started Today

"My dad really enjoys his friends at Island Cove. It's good to know he's safe while I'm at work."

Schedule a Tour (30 Minutes)

During your tour, you'll meet our team, see daily activities in action, and get all your questions answered.

Optional Add on - Free Day (up to 4 hours) for your loved one to experience with Island Cove has to offer.

To schedule a tour, call us or complete your tour request on our website!



Our Hours

Monday - Friday 8:00am - 5:00pm
Saturday and Sunday 9:30am - 3:00pm



Island Cove Adult Day

A safe, engaging day for your loved one - and time back for caregivers.

Caring for an older adult is a full-time responsibility. At Island Cove, we provide a warm, supervised adult day program where seniors can enjoy their day, stay active, and feel part of a community - while giving families dependable peace of mind while they're at work or rest.



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Who we Support

Island Cove is a good fit for older adults who:

- are isolated or lonely and would benefit from social interaction
- Are experiencing memory loss or dementia
- Need help with activities of daily living and personal care
- Need assistance overcoming difficulties associated with functional limitation or disabilities

And for caregivers who are balancing work, family and caregiving and need dependable daytime support.



"Island Cove Adult Day offers our family a break, and a safe place for our mom to be during the day; she looks forward to going every day."

What We Offer

Peace of Mind

Island Cove offers a safe, caring, active environment for older adults. Families gain reassurance knowing their loved one is thriving in a safe, encouraging environment, not at home alone.

Connection

Loneliness is one of the biggest challenges older adults can face. Island Cove participants become part of a family away from home, where friendships grow naturally. Shared meals, group activities, laughter and conversation foster genuine belonging.

Dignity

Our activities take into account participant preferences and abilities. Through structured routines, gentle support and encouragement, we help participants maintain their skills and daily strenghts for as long as possible.

Purpose

Our participants look forward to attending Island Cove every day. Whether it's participating in a group conversation, completing a project, or forming new friendships, every day offers opportunities for participants to feel capable and valued.



Cost & Benefits

Cost of the Program

In order to keep our program sustainable, there is an hourly rate for service. Meals are served to all participants with a suggested donation of \$10 per meal.

SCOK, Inc. is a Medicaid Waiver provider and can bill Medicaid for meals, transportation and Adult Day Services.

If your loved one is not on Medicaid Waiver, we also offer private pay options, with the hourly rate based on income using our sliding scale fee. Service will not be denied due to an inability to pay.

What's Included

- Engaging daily activities & field trips
- Safe & supervised environment
- Nutritious Meals & Snacks
- Social Connection & Community
- Support for Family Members
- Transportation if needed